

# 3<sup>rd</sup> BLACKWATER 10k

## Entry Form 2010

PLEASE COMPLETE IN BLOCK CAPITALS

NAME:
ADDRESS:
EMAIL:
TEL:
DOB:
CLUB:

CATEGORY *(PLEASE TICK RELEVANT BOXES)*

MALE  FEMALE

10k Walk  10k Run  3K Child Fun Run

Junior (under 20)  Senior  Veteran Category

T-SHIRT SIZE:

CHILD  SMALL  MEDIUM  LARGE  XLARGE

### Declaration

Please enter me into the 3rd Blackwater 10k being held on the 16th of May 2010 at Rossmore Forest Park. I enclose the entry fee of €15 10k Run, €7 Walk or €5 3k Child Run. I understand that the organisers will not be liable for any loss, damage, illness or injury whatsoever directly or indirectly occasioned by resulting from negligence, wrongful act or the fault of the organisers of the Blackwater 10K or any act of God or physical condition of the competitor.

Signature \_\_\_\_\_

Date \_\_\_/\_\_\_/\_\_\_\_\_

*Please make cheques payable to Blackwater 10K*

Please Complete and Return to:

Blackwater 10K,  
The Laundry Basket  
Dublin St,  
Monaghan.

or

Blackwater 10k, Caledon Courthouse,  
42 Main St. Caledon,  
Co. Tyrone, BT68 4TZ

or

Monaghan Shopping Centre  
On Saturday 15th May  
10am To 4pm

For more information Please Contact Blackwater Regional Partnership Offices

0044 (0) 28 3756 9102