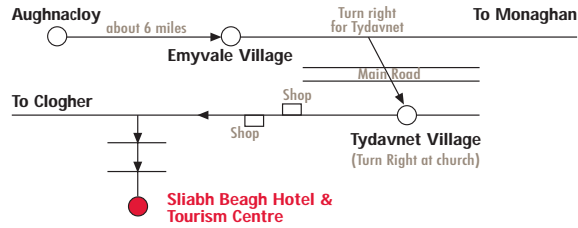
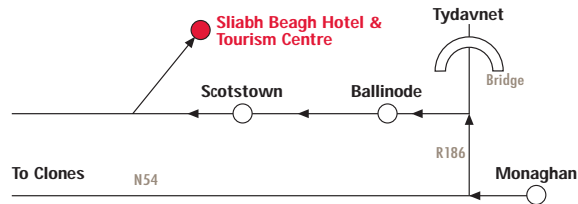


# How to get there

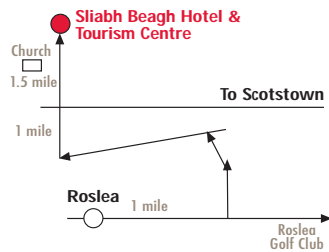
## From Aughnacloy to Sliabh Beagh Hotel & Tourism Centre



## From Monaghan to Sliabh Beagh Hotel & Tourism Centre



## From Roslea to Sliabh Beagh Hotel & Tourism Centre



*Something for everyone...*

For further information and if you wish to pre-register contact Julie Ann Spence on 0044 (0) 283756 9102 or e-mail [julieannspence@dungannon.gov.uk](mailto:julieannspence@dungannon.gov.uk)



**Go on, escape to the country**

[www.visitblackwaterregion.com](http://www.visitblackwaterregion.com)



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The **Blackwater** Region

# Launch of the KNOCKATALLON LOOPED WALKS

Saturday 14 June  
&  
Sunday 15 June

Special Guided Walks in the beautiful Sliabh Beagh Hills in North Monaghan

*Something for everyone...*

Go on,  
escape to the country

# Welcome...

... to Knockatallon and an opportunity to explore the bogs and bye-ways of the starkly beautiful Sliabh Beagh Hills of North Monaghan.

Through-out this weekend, our walking leaders will be happy to share the hidden secrets of this wonderful area. So, if you are looking for a relaxing informal family ramble or a more demanding day our programme is tailored to suit your requirements, leaving you free to enjoy the scenery.

# Registration...

... both days at 12.30pm at Sliabh Beagh Hotel, Knockatallon

*something for everyone...*

# Safety first...

It is important that you choose a grade of walk that is suited to your level of fitness. Competent guides will be leading walking, so please respect their instructions for your safety and enjoyment. Those taking part must take responsibility for their own safety. Children under 16 must be accompanied by an adult.

**Footwear & Clothing:** please wear suitable, comfortable sturdy footwear and waterproof clothings.

**Leave No Trace:** please honour the country code, take your litter home, respect wildlife.

## KNOCKATALLON WALKS

For further information and if you wish to pre-register contact Julie Ann Spence on 0044 (0) 283756 9102 or e-mail [julieannspence@dungannon.gov.uk](mailto:julieannspence@dungannon.gov.uk)

### Esh Walk



This walk follows, mostly forest tracks, letting you unwind and view the drumlin landscape, both North & South of Ireland. On the open glen you might be lucky to sport a kestrel or vole along the banks of the stream or spot a squirrel or pine martin.

**Distance:** 9km  
**Time:** approx: 3 - 4 hrs

*Guided Walk on Saturday*



### Tra Walk



This is the longest of the four walks taking in minor roads, bog and forest tracks. This walk lets you pass the small enclosed fields towards uncut blanket bog to open grazing of the uplands. This area is popular with wild goat and deer and if lucky you may hear the calls of grouse, snip and skylark mingle across the hill tops.

**Distance:** 10km  
**Time:** approx: 3.5 - 4.5 hrs

*Guided Walk on Saturday*



### Rock /Bragan Walk



This loop walk is entirely on minor country roads taking you along the sandstone peals of Sliabh Beagh and Blanket Peats. You will truly get a sense of walking over remote upland bog while remaining on firm footing. Forestry plantations will also be in view and maybe the Hen Harrier will put in a guest appearance hovering high above the glen with its fingered wingtips outstretched. Also along the route you will have the opportunity to view the Penal Cross.

**Distance:** 9km  
**Time:** approx: 3 - 4 hrs

*Guided Walk on Saturday & Sunday*

